

# DECADE OF DESTINY

THE WORKBOOK



By Casey Graham

# LET'S GET STARTED...

People often ask me, “What is Decade of Destiny?”

To answer simply, it starts with this question: “Fast forward your life 10 years into the future. If you had to write the story in advance, what would your life look like?” Answering that question allows us to craft what we call Vivid Vision. It allows us to create an image of our preferred futures.

The reality is, you're going to show up somewhere 10 years from now – what can you do now to get there on purpose?

If 10 years from now seems too far away, think about 10 years ago.

We often look back and think, “if I would have known...” or, “if I would have started then...” If you were going to tell yourself something 10 years ago – what would you tell that person to do?

It could be financial or relational.  
It could be mental or emotional.  
It could be any part of your life.

We know this: financially, when you start investing, there's something called compounding interest. If you keep investing, the interest that grows on the money invested starts creating more interest. And about every seven years, your money will double with compounding interest.

People think it just stops with your money, but it's in every area of life. Everything compounds.

Over time, the focus and intent we spend on our relationships, our energy, and our wealth will compound. To break it down, think about it this way: A decade consists of 40 parts. That's four quarters each year – each quarter representing 2.5% of a decade. Over those 10 years, there are three main areas of life in which we would all like to improve:

We look at our relationships; we want to have fulfilled relationships. We look at our energy; we want mental, emotional, and physical health. And then we look at our wealth. We don't define wealth as just making a bunch of money – it's our investments. It's your profession and the wealth of your time. It's also our generosity. What are we giving?

Your relationships will grow. If you invest 2.5% of your focus and intention now, it will inevitably compound making better future relationships.

Your energy will grow. You may start small. You may just start by walking, you may start by just learning one new skill set. Over time, those things will compound with focus and intention.

Your wealth  
Your career  
Your pathway  
The business you want to start

Picking up skill sets, mindsets, learnings, networks and connections now will allow your wealth to compound over the next 10 years.

And the question is, are you compounding on purpose in all of these areas?

That's why we created this workbook. This is the place for you to write out your Vivid Vision and lay out the way you want to focus your 2.5% each quarter. This is your roadmap to your Decade of Destiny.



# VIVID VISION

## GUIDELINES:

- × Write a Vivid Vision of what your life is like 10 years from now
- × Write as if it has already happened
- × Include your emotions
- × Be extremely detailed with adjectives and emotions

## AVOID:

- × Creating a list of goals
- × What you think you should do
- × What others think you should do
- × What you think you can or can't do
- × What anyone else thinks you can or can't do
- × What sounds good or noble



# FULLFILLING RELATIONSHIPS

# FAMILY

## IN TEN YEARS...

- × What are the ages of people in your family?
- × How would you describe your relationship with each person?
- × Who is still in your life that you currently know?
- × Who is new in your life?

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# FRIENDS

## IN TEN YEARS...

- × Describe how you interact with your friends and what they are like.
- × Describe your professional network and who is around you.

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# FAITH

## IN TEN YEARS...

- × What are you involved in and how does it feel to be giving your time and energy there?
- × How are you giving back and helping people who have nothing to give back to you?

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# EXPONENTIAL ENERGY

# MENTAL

## IN TEN YEARS...

- × How are you consistently maintaining a growth mindset?
- × What new skills have you learned in the last decade?
- × Who have you learned from?
- × Who's learned from you?
- × Who is new in your life?

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# EMOTIONAL

## IN TEN YEARS...

- × What does personal development look like for you?
- × What's your emotional mindset about yourself? About those closest to you?
- × How do you maintain an emotionally healthy mindset?

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# PHYSICAL

## IN TEN YEARS...

- × What activities do you enjoy doing?
- × What do you consistently do now that you can't imagine not doing now?
- × How does your body look? How do you feel about how your body looks?

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# COMPOUNDING WEALTH



# PROFESSIONAL

## IN TEN YEARS...

- × What is your current annual salary or income?
- × What financial goals have you achieved because of your professional growth?
- × How do you feel about your career and how it has helped you gain wealth?
- × What's the balance on your accounts?

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# INVESTMENTS

## IN TEN YEARS...

- × What investment seemed daunting 10 years ago, but you nailed it?
- × How did you feel about the automatic transactions you setup 10 years ago? How do you feel about them now?
- × Whose advice did you get along the way?

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# GIVING

## IN TEN YEARS...

- × What have you modeled for your kids or those around you?
- × How did you feel about giving 10 years ago?
- × How do you feel about it now?

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# OBITUARY

DECADE OF  
DESTINY

WHAT IF YOU WERE GOING TO DIE IN 10 YEARS  
(OF OLD AGE AND BY NATURAL CAUSES)?

WHAT WOULD YOU WANT THE ANNOUNCEMENT TO  
SAY ABOUT YOU THE DAY AFTER YOUR DEATH?

## GUIDELINES:

Write it in the third person, like a reporter, in 250 words or less. Include the following:

- × Significant professional accomplishments
- × Community accomplishments
- × Church accomplishments
- × Family accomplishments
- × A quote from your significant other
- × A quote from each of your children (present and/or future “dreamed” of children)
- × A quote from your best friend

Take the next page to write your obituary with these guidelines in mind. For inspiration, read some of the obituaries on [legacy.com](https://www.legacy.com) to get the hang of it.

Obituary: noun, obit·u·ary | \ a-'bi-cha-,wer-e , o-, -"bi-cha-re \ plural obituaries  
Definition: a notice of a person's death usually with a short biographical account





# THE 2.5% CLUB

## PRINCIPLES

- × Stay aligned with what you want in the end by looking at your Vivid Vision and Obituary
- × Remember every quarter is a new start
- × There is no judgment on what has happened to this point
- × You can start a new quarter anytime regardless of the date
- × The quarter always ends on March 31, June 30, September 30 or December 31
- × Choose destiny decisions you will implement during the next 90 days
- × These are not just goals to accomplish

# DESTINY QUESTION:

If you sat down with yourself 90 days from now, what would make you feel successful in each of these areas?

## FULLFILLED RELATIONSHIPS

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## EXPONENTIAL ENERGY

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## COMPOUNDING WEALTH

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# THE 2.5% STRATEGY

# FULLFILLED RELATIONSHIPS

## OBSTACLES

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# EXPONENTIAL ENERGY

## OBSTACLES

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# COMPOUNDING WEALTH

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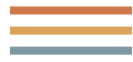
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# THE 2.5% LEVERAGE

# FULFILLED RELATIONSHIPS

## THE BIG 3

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3

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TAKE YOURSELF 90 DAYS OUT. YOU PUT YOUR WHOLE HEART AND ENERGY INTO CREATING YOUR DECADE OF DESTINY BY DOING THE ABOVE.

WHAT ONE WORD DESCRIBES HOW YOU FEEL?

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# EXPONENTIAL ENERGY

## THE BIG 3

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# COMPOUNDING WEALTH

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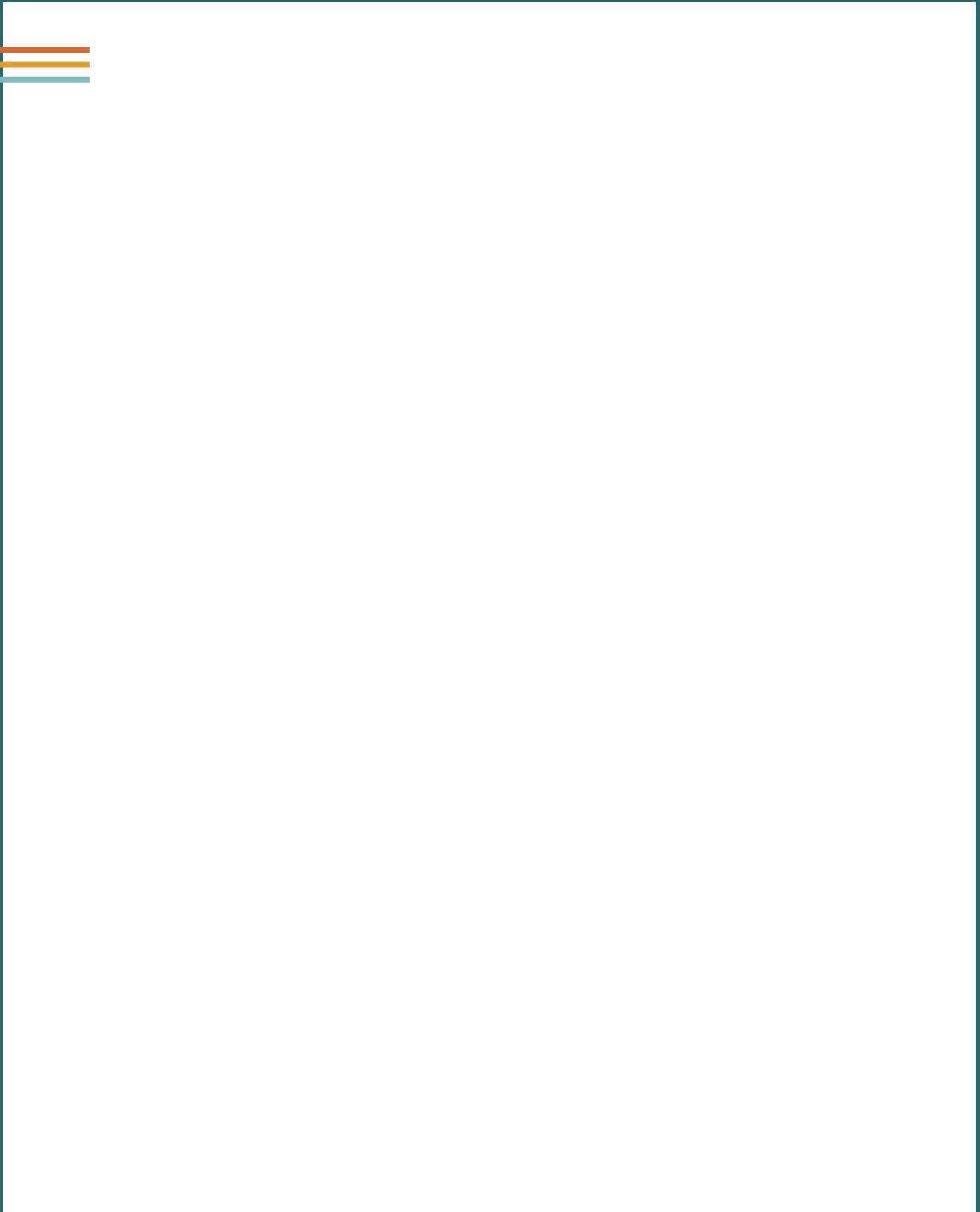
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# NOTES

DECADE OF  
DESTINY



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